



Scripture for the week of April 25: Philippians 4:4-9

“⁴ Rejoice in the Lord always. I will say it again: Rejoice! ⁵ Let your gentleness be evident to all. The Lord is near. ⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. ⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. ⁹ Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.”

Sunday, April 25:

Scripture: Read above Scripture slowly (even if it is very familiar to you).

Questions: What stood out for you as you read this Scripture? What do you hope to be reminded of as you focus on this Scripture this week? As you can see it is a short Scripture. Do you think you can have it memorized by the end of the week? Will you be diligent in trying to live your life in accordance with these verses?

Prayer: Jesus, help me this week to be reminded of this Scripture and how I am supposed to live so that I can lead a life that is pleasing to You. I desire to memorize this Scripture so that it stays with me beyond this week. Help me accomplish this during this week.

Monday, April 26:

Scripture: Philippians 4:4: “⁴ Rejoice in the Lord always. I will say it again: Rejoice!”

Questions: How well do you do at rejoicing in the Lord? Do you see that we are to do this always? Do you even do this during the good times? How about the hard times? Will you make this a priority in your life?

Prayer: Lord, I want to be obedient to Your word and rejoice in good times and hard times. Help me to not allow other things to take my time away from rejoicing in You. But let rejoicing in You become a regular habit.

Tuesday, April 27:

Scripture: Philippians 4:5: “⁵ Let your gentleness be evident to all. The Lord is near.”

Questions: Do you know one definition of gentleness is “the quality of being kind, tender, or mild-mannered?” How do you do with gentleness? How do you feel about the reminder that “the Lord is near”? Would this make a difference about letting your gentleness be evident at all times if you really believed the Lord was with you at all times?

Prayer: Lord Jesus, it is hard sometimes to be gentle. But remind me daily of Your nearness so that I can try to be more like You. I can’t do this on my own and need Your help to be more loving and compassionate around others.

Wednesday, April 28:

Scripture: Philippians 4:6: “⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.”

Questions: How do you do with being anxious about things? Do you see that if we pray, petition and are thankful, we can present our request to God? Why don’t we do this more often rather than letting anxiety take over?

Prayer: Lord God, thank You that You have made a way for me to not be anxious about things. Let my first instinct be to turn to You by praying, petitioning or giving thanks for what You have done. I have seen the results of how I feel when I do this so help me to do this first rather than letting anxiety take over.

Thursday, April 29:

Scripture: Philippians 4:7: “7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”

Questions: Do you see the results of what happens when we do what we read in verse 6? Have you done this before and sensed that peace instead of the anxiety? If you know this result, why do we sometimes hesitate to turn first in prayer before allowing anxiety to take over?

Prayer: Lord, thank You that You provide a way out of our anxious thoughts and anxiety that we experience over situations. Remind me of that way so I can have that peace that only You can provide.

Friday, April 30:

Scripture: Philippians 4:8: “8 Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.”

Questions: How hard is it for you to think on things that are true, noble, right, pure, lovely, admirable? Isn't that better than thinking on things that are stressful, cause anxiety, worrisome? Are you willing to work on changing your thought life? Did you remember that Scripture says “Take captive every thought to make it obedient to Christ.” (2 Cor. 10:5b)

Prayer: Lord Jesus, sometimes my negative thoughts take over. Help me to be reminded that it is important to keep my thoughts on things above so that negative thoughts will not come in to take over and change my perspective on things. Thank You that thoughts of You can fill me with love and peace.

Saturday, May 1:

Scripture: Philippians 4:9: “9 Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.”

Questions: How well do you put into practice the things that you have learned, received or heard from God? Do you see what the result will be if you do this? Don't you desire to have more peace in your life?

Prayer: Lord God, thank You that You have revealed so much to me through Your word, through Worship, through others You have put on my path. Help me put into practice calling to mind Your word so that I can be a person who stands on Your promises and not be deceived by the words of others.